

## 2023/2024 Reading and Writing Retreats

Need dedicated time to read and write? Want supportive accountability and encouragement? Come join the Centre for the Study of Services to Children and Families at our four 4-day hybrid reading and writing retreats this academic year!

### **Hybrid 4-day Reading and Writing Retreat (Fall Midterm Break)**

**Dates:** Tuesday, November 14<sup>th</sup> to Friday, November 17<sup>th</sup>, 2023

**Times:** 10am to 5pm daily

**Location:** In-person (UBCV); Online via Zoom (UBCV and UBCO)

### **Hybrid 4-day Reading and Writing Retreat (End of Term 1)**

**Dates:** Monday, December 18<sup>th</sup> to Thursday, December 21<sup>st</sup>, 2023

**Times:** 10am to 5pm daily

**Location:** In-person (UBCV); Online via Zoom (UBCV and UBCO)

### **Hybrid 4-day Reading and Writing Retreat (Winter Midterm Break)**

**Dates:** Tuesday, February 20<sup>th</sup> to Friday, February 23<sup>rd</sup>, 2024

**Times:** 10am to 5pm daily

**Location:** In-person (UBCV); Online via Zoom (UBCV and UBCO)

### **Hybrid 4-day Reading and Writing Retreat (End of Term 2)**

**Dates:** Mid-April (\*specific dates TBD)

**Times:** 10am to 5pm daily

**Location:** In-person (UBCV); Online via Zoom (UBCV and UBCO)

Each reading and writing retreat will comprise of focused reading and writing blocks and dedicated times to take breaks and check-in.

We ask that participants try their best to commit to as many days as possible to provide support and accountability for each other. If you are interested or would like to sign-up, please email Barbara Lee ([b.lee@ubc.ca](mailto:b.lee@ubc.ca)).

## 2023/2024 Hybrid 4-day Reading and Writing Retreats

### Daily Schedule

10am – 10:15am	Introductions, setting intentions and goals
10:15am – 11:00am	Reading/ Writing Block #1 (45mins)
11:00am – 11:15am	Check-in/Break
11:15am – 12:00pm	Reading/ Writing Block #2 (45mins)
12:00pm – 1pm	Brown-bag Lunch
1:00pm - 1:15pm	Afternoon goals setting
1:15pm – 2:15pm	Reading/ Writing Block #3 (60mins)
2:15pm -2:30pm	Check-in/Break
2:30pm – 3:30pm	Reading/ Writing Block #4 (60mins)
3:30pm – 3:45pm	Check-in/Break
3:45pm – 4:45pm	Reading/ Writing Block #5 (60mins)
4:45pm – 5:00pm	Wrap-up